

RENAL CARE SOCIETY OF SOUTH AFRICA NIERSORGVERENIGING VAN SUID-AFRIKA



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NEWSLETTER / NUUSBRIEF FEBRUARY 2010



XXV RENAL CONGRESS – 16-19 APRIL 2010 CONFERENCE CENTRE: CAPE TOWN

From the President's desk

Everywhere we look it is World cup soccer fever. Before we all put our support behind Bafana Bafana in June; the 2010 nephrology congress in Cape Town is lurking (16-19 April).

A special thank you to all our sponsors, whether it was towards the website, newsletter, sponsoring the NDT publication to all RCSSA members or anything contributed to the success of the RCSSA. It is greatly appreciated.

I also would like to thank each member of EXCO for their dedication, enthusiasm and hard work. 2009 was a busy, challenging year for the RCSSA EXCO. Not only is each member busy with their own career, but we are also busy with quite a few new and continuing projects.

The constitution of the RCSSA is revised, ethical congress guidelines are proposed and we are also busy with clinical guidelines. You will receive quite a few SMS's and E-mails in the next few months, where we need your input and feedback. Where possible please respond promptly to these requests. In order to receive these updates, the secretary must have your contact details.

If you have not received a NDT magazine this year and your membership fees are paid, please contact Heilie Uys to confirm your details.

May I take this opportunity to wish all the members from the RCSSA a wonderful 2010 and we are looking forward seeing you at the congress.

Adelene Jordaan

***RCSSA Website
is currently under
construction.
See her new
features after the
face lift!***



General meeting

The **Biennial General Meeting of RCSSA** will be held at the congress on **Saturday 17th April at 16:30**. We hereby invite you to join us in discussions about issues relating to the Society, choose a new Executive Committee and plan the future. The Executive Committee consist of a President, Secretary, Treasurer and six ordinary members.

Nomination forms will be available from the RCSSA stand at the congress – deadline for submission Saturday 17th April at 12:00

CURRENT EXECUTIVE COMMITTEE:

Please see Constitution on our website (www.renalcaresoc.org) for description and terms of office:

President: Adelene Jordaan

Secretary/Treasurer: Heilie Uys

Members:

David Mphuthi

Esme de Beer

Mark Padavattan

Ellen Mofomme

Karlien van Jaarsveld

Gerda Venter

Francis Jacobs (PD SIG)

Achievement awards



The RCSSA would like to give recognition to any person who has contributed to the field of renal care in any manner, which will lead to the improvement of renal patient care. Nominees must be actively involved in the renal field (preference will be given to paid up members) and the contribution must have been made within the last 4 years.

The evaluators will consider the following :

- uniqueness - cost effectiveness
- applicability - impact on patient care
- impact on renal workers

Nomination forms are available from the Secretary (Tel: (042) 298-0014 or Cell 082-465-0935) and must reach the Secretary not later than 12th April 2010. Fax to 086 511 2912 or e-mail to huys@ibi.co.za

Other awards!!!

Speakers at the congress are also in line to be awarded for their efforts with:

- ***best abstract award***
- ***best presentation award***

Honorary Life and Life Membership



Honorary life membership may be conferred upon individuals who have made contributions of exceptional merit to the knowledge of dialysis and transplantation or to the Society. They shall be nominated by the members and recommended by the Executive and shall be elected by majority vote of the members at the General Meeting.

Nomination must reach the Secretary not later than 12th April 2010 – Fax to 086 511 2912 or e-mail to huys@ibi.co.za

At the discretion of the Executive Committee. **Life membership** may be conferred on ordinary paid up members for **20 consecutive years** as a member.

Constitutional changes

Proposed amendments to the Constitution may be submitted in writing by not later than **15th March 2010**

Fax to 086 511 2912 or e-mail to huys@ibi.co.za

CONGRESS INFORMATION:

Contact:

UCT Conference Management Centre

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www.nephrology2010.co.za

Nephrology Dialysis Dialysis Transplantation Journal



I am sure members were surprised to receive a copy of the NDT Journal in their post boxes! This Journal is a SA Excerpts Edition of the official publication of the European Renal Association – European Dialysis and Transplant Association.

Our thanks go to MedSpec Publishing and Prof. Sarala Naicker (Editor) for including RCSSA members in the distribution list of the NDT Journal (SA Excerpts Edition).

Your comments on this Journal will be welcomed.



World Transplant Games Australia 2009

In the July 2009 Newsletter we have reported that three of our members were involved in the WTG in Australia, August 2009.

We are proud to announce that **Denise King** fulfilled her role as attending Nurse with distinction! She handled many a crisis with great skills and ensured that the athletes were in **excellent health.**



Robyn Emslie had tough rounds of lawn bowls against Canada and Hong Kong to win the gold medal in her age group.

Heilie Uys won gold in her age group for golf, shot put, discus and ball throw.



These athletes are already busy training to prepare for the South African National Transplant Games, 8-9 October 2010, in order to qualify for the SA Team to participate at the WTG in Sweden 2011.

Go for it girls!!!

***All RCSSA sports persons:
Please forward news of your
activities to the Secretary***



Protect your kidneys – control diabetes!

To help you organize activities please take note of the following resources available online at www.worldkidneyday.org

- Campaign material, which you can easily download and print. There are posters in 5 languages and the postcard
- Media material and the 2010 scientific editorial: 'Diabetic Kidney Disease: Act Now or Pay Later'
- Toolkits on how to reach out to the media and celebrities, as well as ways to obtain free advertising in the press
- Register your projects online!!!!

Diabetes in South Africa

Karlien van Jaarsveld is the EXCO member who represents RCSSA at Diabetes SA. She reports the following:

Diabetes SA fundraising projects:

- Due to the fact that they are solely relying on sponsorship for funding they are urging everybody to please assist them with fundraising, they ask if the private companies can please think about advertising on the website for a small fee
- They are also selling Inso Go cooler bags at R45 as well as wristbands for R10
- If people buy books from Kalahari.net, diabetes SA also receives a small amount for each book sold on the internet.

Visit <http://www.diabetessa.co.za> to obtain information about support groups, care lines and related websites.

MEMBERS INVEST IN EDUCATION AND FITNESS

Free State Region:

Gerda Venter was instrumental in the arranging of symposia where personnel of renal units and ICU's of Bloemfontein and other regions, attended



**13 October 2009
Anaemia**

Dr. Engela le Roux
Gerda Venter &
Dr. Engela le Roux

Sponsors:

Jansen Cilag
BBraun Avitum

Not only does Gerda arrange symposia, but challenged renal personnel to a **spinathon** on 3rd of December. Some needed "resuscitation" afterwards!



North West Region

Esme de Beer believes in spreading the "gospel" of organ donation and Chronic Kidney Disease to the people. She and her team have organised an extremely successful "Gift of Life" day in Klerksdorp on 4th August 2009. Thanks Esme for setting an example!



NEW DEVELOPMENTS IN PD

AWAK, which stands for *Automated Wearable Artificial Kidney*, is an ambulatory (portable) form of peritoneal dialysis.

The AWAK device uses a variant of peritoneal dialysis. Dialysate is infused into the peritoneal cavity so that dialysis can occur. What differentiates AWAK from either existing peritoneal dialysis or hemodialysis technology is that it is both wearable and self-contained. Patients are able to live their lives with unrestricted mobility. More importantly, they do not have to regularly replace the dialysate as the AWAK continually regenerates the used dialysate through a sorbent cartridge. AWAK combines the at-home convenience of peritoneal dialysis with unprecedented freedom from routine peritoneal dialysate changes or hemodialysis sessions.

For more information visit:

<http://www.awak.com>



South African Congress of Nephrology Friday 16th to Monday 19th April 2010



Renal Care Society SA

PROVISIONAL PROGRAMME RENAL CARE SOCIETY SA

Friday 16 April 2010: Continuing Education – Peritoneal Dialysis Sponsor: Adcock Ingram CC

12:00-13:00 Fundamentals for a successful PD programme

13:00-14:00 Lunch time symposium – **Sponsor BBraun Avitum**

14:00-17:00 Patient testimony

Infection comparison between HD and PD

Outreach programme at Baragwanath hospital

Panel discussion on PD challenges

19:00 **Cocktails and opening**

Saturday 17 April 2010

08:30-10:30 Pre-dialysis – Awaiting abstracts

10:30-11:00 Tea

11:00-12:45 Acute Dialysis – CRRT invited international speakers **Sponsor: Adcock Ingram CC**

13:00-14:00 Lunch symposium – **Sponsor Genzyme**

14:00-16:00 *Supportive therapies for Bone disease:*

Diet – renal freedom overview

Bone disease

Awaiting abstracts

16:00-16:30 Tea

16:30-17:30 RCSSA General Meeting

Free evening

Sunday 18 April 2010

08:30-10:30 African session – Integrated approach –
a model that works
Invited international speakers

Sponsor: Adcock Ingram CC

10:30-11:00 Tea

11:00-12:45 Haemodialysis – Invited international speakers

**Sponsor: Fresenius Medical
Care**

13:00-14:00 Lunch symposium. – **Sponsor Amgen**

14:00-16:00 Renal replacement therapies and Transplantation

Success of a state funded PD programme

Awaiting abstracts

Closure of RCSSA congress

16:00-16:30 Tea

16:30-18:00 **Joint session with SARS**

Janet Halkett Memorial Lecture:

New insights into the mechanisms of injury and recovery
after ischemia perfusion (Marc de Boe)

19:00 **Gala dinner and awards**

Monday 19 April 2010

08:30-10:30 **Joint session with SARS**

Transplantation in HIV positive patients (Dr. Elmi Muller)

Awaiting abstracts

10:30-11:00 Tea

11:00-12:30 **Joint session with SARS**

CKD: Tissue transglutaminase the glue that causes renal
fibrosis

Congress ends